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**SERVICE D'UROLOGIE et
DE TRANSPLANTATION**
[Http://urologie-chu-mondor.aphp.fr](http://urologie-chu-mondor.aphp.fr)

How to handle the urinary catheter at home.

You go to home and you have to keep the catheter for some more time.

The nurse has given you :

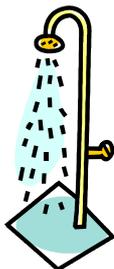
- ✦ 1 urinary bag for the night (2 liters)
- ✦ 1 urinary bag for the day (1/2 liter) with you can attach to your leg.

First of all you have to wash you hands before and after each manipulation (change or empty the sac).

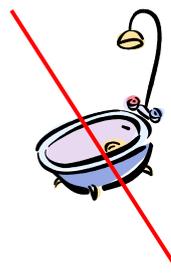


You have to wash your penis twice a day with soap. After you have washed your penis you always have to push back your fore skin. .

A shower is authorised .



But not a bath.



After you have changed your urinary bag, you have to close your bag and you have to keep this bag in a clean environment. It's unnecessary to rinse the interior of the urinary bag.

- ✦ The urinary bag has to be always lower than your bladder.
- ✦ When you are laying down, the connection tube of the urinary catheter has to be above your thigh (and not underneath).



- ✦ Don't sleep with your urinary bag in the bed.



- ✦ For a well functioning of the drainage system, you have to check that the system remains permeable (and isn't blocked).

The removal of the catheter takes place on the consultation (after appointment). You may eat before. You must envisage a slipway (but not pants) as well as protections to be put after this ablation to prevent the possible urinary escapes. Before you leave the hospital, it's necessary that you urinate before.

*You always can reach the nurses if you
have any problems
01 49 81 25 74.*